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Turkey-less Thanksgiving

BY JUSTIN ANTHONY MONAREZ
The Prospector

According to the U.S. Department of Agriculture more than 45 million turkeys are cooked and eaten at American Thanksgiving dinner tables per year. For vegan students, health and ethical reasons are enough to celebrate the holidays turkey-less despite the stigmas they may encounter while maintaining alternative diets.

"Don’t let the food get in the way of what Thanksgiving is about," said Andrea Benitez, senior political science major and president of UTEP Animal Activists club.

Benitez has been a vegetarian for five years and converted to veganism a year ago for health purposes. Despite holiday traditions, she will avoid turkey, meat and dairy products this year. Benitez said celebrating the holidays was difficult when she converted.

"There were a lot of Thanksgivings that I had to cook my own food," Payan said. "Much of the kitchen is starting to be influenced by me. I do help out by introducing what I’m eating."

Benitez’s family is also embracing adapting to his diet.

"It was tough, especially because they were against what I was doing," Benitez said. "It was a matter of being different, it was a matter of eating different."

The Prospector

BY DIANA ARRIETA
The Prospector

The Student Health Center is urging students to protect themselves from the H1N1 virus, the subtype of influenza that became very popular last year.

"I think getting the influenza vaccine is a good idea since you never know what can happen," said Michelle Pugh, junior electrical engineering major. "It’s better to be safe and get the shot."

According to Valerie Farrington, nurse practitioner of the Student Health Center at UTEP, the H1N1 virus tends to attack pregnant women and healthy young people. The virus can also cause death if it is not treated properly.

"The H1N1 virus tends to hit the healthiest groups, which is really odd" Farrington said. "In addition it can certainly cause death, very rarely, but it can happen. Although there is medication to treat the virus, it doesn’t take it away completely, it only shortens the length of the illness."

It has been a year since the threat of H1N1 spread throughout the world and many have begun to fear the sickness less.

"What happened is the various national public health groups have gotten a handle on what H1N1 is, they know how to vaccinate against it and they pretty much know how to treat it so everybody has turned complacent," Farrington said. She warned people about the dangers of the virus, which is still deadly and it’s still around.

In an effort to preserve the health of students, faculty and staff, the Student Health Center at UTEP is offering shots for $15. The shot, which protects against both influenza and seasonal flu, is a good way to prevent getting ill.

"I am fully aware of the obstacles," Bower said. "It’s food from different cultures can be easier to ‘organize’ than the standard American diet.”

Payan said his family is slowly adapting to his diet.

"Since my family sticks to these traditional Mexican festivities, when they do tamales, they do them without dairy," Payan said. "Much of the kitchen is starting to be influenced by me. I do help out by introducing what I’m eating."

Benitez’s family is also embracing some aspects of her diet and ideologies. Benitez said her sisters have adopted a vegetarian diet. Her mom recently eliminated most meat, except for fish, from her diet.

"This was very tough, especially because they were against what I was doing," Benitez said. "It was a matter of being different, it was a matter of eating different.”

Vaccines

Health center encourages students to get flu shots

BY DIANA ARRIETA
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In an effort to preserve the health of students, faculty and staff, the Student Health Center at UTEP is offering shots for $15. The shot, which protects against both influenza and seasonal flu, is a good way to prevent getting ill.

"I'm glad the Student Health Center is offering the influenza shot, it really makes it convenient for students," said Geny Salomon, sophomore biology science major. "As students we tend to work in an environment where there is constant contact between us, whether it is by sharing the computers in the library or the desks and tables in the classrooms, so the shot will really reduce the risk of catching the virus.”

To reach out to the UTEP community, the Student Health Center will hold a flu clinic outreach Dec. 1 in the Undergraduate Learning Center.
In honor of Jon

BY SAL GUERRERO
The Prospector

It has been one year since I first experienced what it means to lose someone close to me. Just 366 days ago today, one of my closest friends, Jonathan Sierra, died in a motorcycle accident on the Eastside of El Paso. He was 23 years old and only six weeks away from his birthday.

The days that followed his death were the toughest for all his family and friends. I cannot fathom where we gathered the strength to stand on our feet, but we did.

I remember when I first met Jon. We were both freshmen at Montwood High School, vying for a spot on the football team. I was a lineman and Jon was trying out for quarterback. We would both find ourselves in starting roles in those positions.

He befriended me that first week, and from then on we were the closest of friends. He drove an old forest green Lincoln Continental that his father gave him, or loaned him I should say, with a CD player that worked only half the time. That car would become the person I am today. I know that no matter how old I become, or how many new friends I meet along the pathway through life, I will always miss my good friend Jon.

SAL GUERRERO may be reached at prospector@utep.edu.

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Mexico Revolution ties border communities

BY NICOLE CHÁVEZ

After 100 years, El Pasoans still remember the conflict that changed the social, cultural and economic landscape of the city.

During the Mexican Revolution, a significant number of people fled the atrocities of the war and settled in El Paso. Though 100 years have passed, the border area is experiencing the same situation. Just as in those days, people are now moving to El Paso because of the violence in Ciudad Juárez.

"It seems like every 100 years we have a war. Now we have a war on drugs," said Luis Romero, junior computer science major.

Mexicans who brought their families to El Paso in the 1900s, helped build the city, created the Hispanic Chamber of Commerce and some families are even considered a part of the pantheon of El Paso city founders.

For Sandra Enriquez, teacher education assistant at the Center for History Teaching and Learning at UTEP, the Mexican Revolution brought more than economic changes to El Paso.

"After the revolution, we saw how the anti-Mexican sentiment started in El Paso, (we also saw) a strong growing economic dependence on both sides of the border, and some multiculturalism aspects of the two cities," Enriquez said.

Memories of the revolution lie on the grounds of Concordia Cemetery as well. Pascual Orozco and Victoriano Huerta played a major role in the Mexican Revolution and both were buried in El Paso. Patricia Kidney, president of the Concordia Heritage Association, said their remains were eventually removed, but a mausoleum where they were buried still stands at the cemetery.

"They were here until 1925 and 1935, (respectively). Like them, we have a lot of people who contributed or were victims of the revolution events," Kidney said. "The Mexican Revolution impacted greatly what we were and what we became." Faculty and graduate students for the Department of History has worked for a year and a half to commemorate the Mexican Revolution. Three exhibits will show the cultural and social aspects of the issue.

Newspaper articles, films and photographs are part of the exhibit at El Paso Museum of History. An see REVOLUTION on page 4
Students raise awareness for epilepsy

“Students for Awareness and Community Service are on a mission to show the UTEP community that epilepsy is no joking matter and call attention to serious issues affecting those that live with the disease during National Epilepsy Awareness Month. Stefanie Morales, president of SFACS and junior history major, hopes that the organization’s campaign will cause people to stop and think before making jokes about seizures.

“I see people making jokes about having seizures,” Morales said. “And I see how it affects people. I want people to know about epilepsy and bring awareness. 50,000 people die from epilepsy and that’s not something to be joking about.”

According to the National Epilepsy Foundation, epilepsy and seizures affect almost three million Americans of all ages and one percent of the population can be expected to have developed epilepsy by 20 years of age. SFACS will be passing out pamphlets with information and lavender ribbons to symbolize epilepsy awareness every Monday, Wednesday and Friday during the rest of November. They will also be demonstrating what to do when a person is having a seizure through staged demonstrations.

Josephine Talamantes, junior education major, has seen the effects of epilepsy first hand when a friend had a seizure in her band class. “We didn’t know what to do,” Talamantes said. “Not even the band director knew what to do. It was pretty shocking and now I know what to do.”

Cesar Soto, sophomore electrical engineering major, explains how he stopped by the table out of curiosity and thought the “what-to-do” seizure demonstration was significantly important and informative.

“I was just interested in seeing what epilepsy was about,” Soto said. “They said that a lot of people have it and if you know what to do when somebody has a seizure, you can save a life.”

Students stopped by the table and discussed past experiences with Morales, who struggles with epilepsy herself.

“I share my story (so that) people know they’re not alone,” Morales said. “I’m out here and telling people that there is hope and a lot of people open up because we understand.”

On Nov. 19, SFACS screened a documentary on sleep deprivation research and epilepsy. “Little kids do these tests,” Morales said. “And they stay up for about 24 or 28 hours until their meeting the next morning. It’s kind of sad it’s like they’re robbed of their childhood.”

David Aviles, member of SFACS and freshman history major, explained how he has seen more people in meetings and expects SFACS to grow into a major organization at UTEP. “Give it some years,” Aviles said.

“We’ll be just as well known as the (student) government association.”

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-Stefanie Morales, president of SFACS

REVOLUTION from page 3

apartment in the Segundo Barrio at 500 S. Oregon St., which used to be the home of Teresita Urrea, will become a community museum. Urrea was an inspiration during the revolution, she was a ‘curandera’ and people listened to her advice. “We are planning a self-guided tour of the buildings that played a major role in the Mexican rev-

olution. Teresita Urreana’s home will be the first step on the tour,” Enriquez said. The Centennial Museum will host the third exhibit concern-

ning the Mexican Revolution in spring 2011. Exhibitions will fea-

ture topics such as public health, commerce and class tensions on the border.

Nicole Chávez may be reached at prospector@utep.edu.

Teresita Urrea, whose former house is located at 500 S. Oregon St., played a big role in the Mexico Revolution.
Question of the week

What’s on your wish list this holiday season?

Photos by Daniel Rosas and Diana Amaro

CORINNA PUENTE
junior creative writing major
A laptop

MANDA KELLEY
freshman UT CAP
To be with my family

ROBERT MILLUS
junior mechanical engineering major
Snowboard goggles

BRIANDA SARMIENTO
junior clinical laboratory science major
A paid ski trip to Ruidoso, New Mexico

LUIS LOERA
junior electrical engineering major
A new car

ALFREDO DE LA GARZA
sophomore civil engineering major
A new camera

LUIS RAMOS
senior mechanical engineering major
Good grades

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Two-Day Shipping

Students Only

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Millions of eligible items
Shop for anyone, ship to anywhere
No minimum purchase

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Rent.com
Finally, an easy way to find cool places to live in El Paso.
Whether you’re a landlord or a renter, we save you time and money. Period.

THE STRENGTH TO HEAL
and learn lessons in courage

The pride you’ll feel in being a doctor increases dramatically when you care for our Soldiers and their families. Courage is contagious. Our Health Professions Scholarship Program (HPSRP) helps you reach your goal by providing full tuition, money towards books and lab fees, a $20,000 sign-on bonus, plus a monthly stipend of $1,992.
To learn more, call 866-537-2268 or visit healthcare.goarmy.com/K854.
We want to make sure that our students, faculty and staff are aware of the vaccine so we are going to be sponsoring a flu clinic in a few more days,” said Jacquelyn Navarrete, doctor of pharmacy of the Student Health Center at UTEP. “We are going to be providing the vaccine which contains both the H1N1 and flu strains for anyone who has not had the chance to come in to the Student Health Center because of time constraints or location.

Navarrete said that just because the semester is almost over, students should still take advantage of the available shot before they head in to winter break.

“School is almost done for the semester, so before everyone leaves for vacation we want to make sure we provide that for them,” Navarrete said. “We will have a table and we will be there from 10 a.m. to 1 p.m., so I definitely recommend everyone to come and get their vaccine, because you are not only protecting yourself but also your family and friends.

While on patrol the night of Oct. 25, 2007, Giunta’s team was ambushed by a well-armed and coordinated group of insurgents. Giunta, then 22, held the rank of specialist and served as rifl e team leader on his second deployment to Afghanistan with Company B, 2nd Airborne Battalion in the 503rd Infantry Regiment. He and the other soldiers were providing support to another platoon while that platoon built relations with a local village. As Giunta’s platoon began marching back to base in the

Staff Sgt. Salvatore Giunta’s acts of heroism during an ambush of his team in Afghanistan earned him the country’s highest award for valor. He said later that his valor was no different than that of any other service member.
Por la paz
Desde Nueva York luchan contra la violencia en Juárez

Por Beatriz A. Castañeda

The Prospector

A poco más de 2,000 millas de distancia de la frontera, un grupo de profesionales en la ciudad de Nueva York ha creado un programa llamado Project Paz para luchar contra la violencia en Ciudad Juárez y apoyar a los grupos establecidos que promueven el desarrollo y bienestar de la ciudad.

El grupo, que incluye a un estudiante graduado de UTEP, se creo hace aproximadamente seis meses en Nueva York.

"Decidimos hacer algo porque habíamos oído una noticia grave y todos decidimos porque nos sigue afectando y también afecta a nuestras familias allá", dijo Adalberto Gutiérrez, quien se graduó en el 2008 de publicidad con diseño gráfico.

Gutiérrez junto a otras personas originarias de la frontera, escogieron a Ciudad Juárez porque dicen que la violencia ha tocado a inocentes además de afectar a la comunidad y a la economía.

De acuerdo con reportes de la prensa mexicana, más de 1,850 personas han sido asesinadas sólo este año en Ciudad Juárez y más de 7,000 han muerto desde que inició la guerra contra las drogas en el 2008.

En todo el país unas 28,000 personas han sido asesinadas en hechos relacionados con la guerra.

Entre los objetivos de Project Paz está el ayudar a víctimas de la violencia y recaudar fondos para apoyar programas de desarrollo comunitario en vecindarios subdesarrollados de la región fronteriza.

El pasado 16 de noviembre, junto con la asociación civil Amor por Juárez, Project Paz llevó a cabo una subasta de arte conjunta en Nueva York. De este evento llamado Project Act se recaudó un total de $90,000 dólares.

"Estamos bien contentos porque pudimos juntar a casi 500 personas que asistieron", dijo Gutiérrez. "Gracias a los anfitriones pudimos recaudar dinero para ayudar a estas víctimas de Juárez".

Algunos de los anfitriones de Project Act fueron el futbolista Rafael Márquez, Michael Bastian, Roxana Bruno Lamb, Christian Cota, Carolina Herrera de Baez, entre otros.

Todos los fondos recaudados en el evento serán canalizados a grupos comunitarios de la Fundación de Empresariado Chihuahuense, A.C. (FECHAC) que supervisa proyectos de salud comunitaria, educación y desarrollo en las comunidades olvidadas de Ciudad Juárez.

"Es algo muy bueno que están haciendo desde allá", dijo Sergio Luna, estudiante de último año de ingeniería mecánica. "Especialmente me da gusto que están ayudando a la gente para promover paz porque con todo lo que está pasando, realmente se necesita".

Gutiérrez dice que los integrantes de Project Paz tienen muchas expectativas para el futuro y una de ellas es tener varios eventos al año para recaudar fondos y que el movimiento siga apoyando las causas por la paz.

"E esperemos que el proyecto crezca más para que sigamos apoyando y ayudando a la gente que está siendo afectada por la violencia", dijo Gutiérrez.


Beatriz A. Castañeda puede ser contactada en prospector@utep.edu.
Epilepsy from page 4

SFACS’s epilepsy table is accepting donations and all proceeds go to the Cure for Epilepsy Foundation. In their campaign, SFACS said that epilepsy may be overlooked by breast cancer research. “Shouters” at the table announce: “Breast cancer takes as many lives as epilepsy, but gets 10 times more funding.”

SFACS hopes to raise more money for research through their campaign. “A lot of funding doesn’t go to epilepsy research,” Morales said. “It’s important for people to know where their donation is going, especially compared to breast cancer.”

Aviles mentioned that the most important thing for people is to know the statistics of epilepsy and the number of people affected by it. “Money is secondary,” Aviles said. “For me, the facts and numbers are most important, like one in 10 people have a seizure in their lifetime, but only one in 100 are diagnosed. That is the information we give, that’s the most important thing.”

Candice Marlene Duran may be reached at prospector@utep.edu.

Raymundo Aguirre / SHFWire photo

President Barack Obama commends Staff Sgt. Salvatore Giunta on his humility and valor at the presentation of the Medal of Honor Nov. 16 at the White House.

Honor from page 6

Korengal Valley of eastern Afghanistan, they were met by an insurgent group that was so close that the Apache helicopters flying overhead could not shoot at the insurgents without risking the soldiers’ lives. The soldiers in the lead were immediately hit by enemy fire. Giunta pushed forward through smoke and machine gun fire, pulling one of the wounded soldiers to cover.

He was struck twice—one bullet hit his flak jacket and another hit a weapon strapped to his back. Giunta continued moving toward the attackers, using hand grenades to create cover and suppress enemy fire. In the muddle of the skirmish, he searched for his friend, Sgt. Josh Brennan.

Giunta found two insurgents carrying the wounded Brennan away as a prisoner. Giunta killed one of the insurgents and wounded the other.

The rest of his squad moved up while he provided medical aid to Brennan until he could be carried out by helicopter. “By the time it was finished, every member of First Platoon had shrapnel or a bullet hole in their gear,” Obama said. “Five were wounded, and two gave their lives: Sal’s friend, Sgt. Joshua C. Brennan, and the platoon medic, Spc. Hugo V. Mendoza.”

To Mendoza and Brennans parents, who were in the audience, Obama said, “On behalf of a grateful nation, let me express profound thanks for your sons’ service and their sacrifice.”

Giunta was born in Iowa and attended John F. Kennedy High School in Cedar Rapids. He was sweeping floors in a Subway restaurant when he heard a radio commercial about the U.S. Army. He enlisted in November 2003 at the age of 18.

Raymundo Aguirre, UTEP senior creative writing major, is an intern at the Scripps Howard Foundation’s Semester in Washington program. He may be reached at prospector@utep.edu.
By Audrey Russell

It's the season for giving thanks, eating great food and planning ahead to catch those unbreakable shopping deals, available just a few hours after digesting all that turkey.

"The Black Friday line at Wal-Mart went all the way around the entire building last year," said Pauline Matcos, freshman graphic design major. "We'd go again this year because the deals are really good, especially at stores like Target, Best Buy, Wal-Mart and Kohl's.

Stores like Wal-Mart, Old Navy and Gamestop have already posted online previews of the expected hot items for Black Friday. This year Target already advertised their four-day pre-Black Friday sale on specific electronic media to extend the savings for this year's shoppers.

In the past, trampled customers, horrific fights and even shootings have made the Black Friday headlines, but shoppers are still ready to burst through store doors. Midnight wake up calls and the pushy crowds are not the only problems encountered. All too often the savings are simply too good to be true.

"I went last year to buy a laptop at Wal-Mart for about $193 bucks and once we got inside we found out they only had 100 and already ran out of them. They didn't bother to tell the 300 people waiting in line either. There were people pushing and shoving everywhere," said Jessica Jauregui, freshman English major. "It's totally not worth it. Employees get first dibs on the deals anyway, but if stores had the same deals online, I would totally take part."

Technology is quickly taking the reigns of the shopping world, but the only way it can help on Black Friday is by updating the consumer on what products to look out for on sales racks in stores. Websites like www.BlackFriday.org track down the hottest stores and post their secret ads on what consumers can expect to see in stores. Purchasing from websites like these is not available, but you can scour all the ads to see which stores are offering the best prices and items before going out. Twitter is also taking part in advertising the company leaks online and can be followed through @BlackFriday.

Though online shopping is more convenient and efficient, physical store shopping will never be replaced, said Tom Fullerton, professor in the UTEP Department of Economics. "Online sales are still growing, but have not reached their peak yet. It is very unlikely that online sales will ever replace physical stores even if they do reach their peak," Fullerton said. "In recent years, investments are in shopping centers and malls, and Internet advertising to back up in-store sales."

Fullerton has seen that online shopping has been taking away from the sales of stores, but hopes to see a balance between all of the sources in the future.

"I expect online to grow considerably in the future, but there is an equilibrium between in store, catalogue, and online sales to be met. A place we can reach where all distributions of sales are equal in the way that they will increase and decrease together," Fullerton said. "Customers can easily make purchases by mail, phone and the company websites, so retailers are figuring out how to use these comparatively in order to compliment each other."

While all methods of shopping might reach a balance in the foreseeable future, the only day that you can find these deals is on Black Friday. Those willing to brave the surge of panicked shoppers and wait for hours outside electronics stores just may save on their holiday shopping.

Audrey Russell can be reached at prospector@utep.edu.
With the holidays coming upon us, we like to demonstrate that we care by getting our loved ones a little present, or maybe take a trip and visit those relatives you haven’t seen in a while, or just simply take a mini vacation after a week of school finals. But, for those on a budget, we wonder where can you get money fast? Where can you get extra funds when your paycheck isn’t enough? The answer is El Paso Pawn.

Pawning that laptop that you haven’t used in a while, or maybe that gold ring that isn’t really your style and that you don’t even wear, may help you get that extra cash you need, whether for books and gas or holiday gifts. El Paso Pawn buys and loans money for iPods, laptops, jewelry—and almost anything that you may find of value.

Located at 4400 N. Mesa, Ste. 12, El Paso Pawn is the second store owned by Gabriel Gonzalez. He has been in business for over 25 years now. The story of El Paso Pawn began when Mr. Gonzalez began attending various exhibitions of fine watches in Las Vegas. He decided to purchase some to make a profit by re-selling them here in El Paso. This led him to open his first business called Quality Watches. After various years of running his first store successfully, he was offered the opportunity to buy a pawn shop, which is now El Paso Pawn.

At El Paso Pawn you may also find things to buy at a very good price. Used electronics in good condition such as iPods, graphing calculators, laptops and much more are available along with fine watches and jewelry.

Pawning your items doesn’t necessarily mean that you will never see your electronics or jewelry again due to high interest rates that some of the shops charge. El Paso Pawn offers you the lowest interest rates in the city, and they are willing to negotiate to meet your needs. They understand that as a student, getting money is not always easy, so they offer you a 90-day grace period to repay your loan. You can make either monthly or daily interest payments. All you need is an ID and to fill out an application with your information, and El Paso Pawn will assist you in getting a good price for your electronics or jewelry.

El Paso Pawn offers a good alternative to meet those unexpected expenses during the holidays. They make it easy and provide friendly service to meet your needs. Go visit the store on N. Mesa or call at 544-PAWN (7296) for more information.

Finally, an easy way to find cool places to live in El Paso.
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The First Lady’s Thanksgiving Dinner will be held from 10 a.m. to 3 p.m. Nov. 25 at the Judson F. Williams Convention Center. The event is free and open to the public.

Disney’s Beauty and the Beast will take place at 7:30 p.m. Nov. 29 at the Plaza Theatre.

FirstLight Federal Credit Union Sun Bowl Parade will take place 10 a.m. Nov. 25, beginning at the corner of Montana Avenue and Ochoa Street and ending on Copia Street.
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We helped University of Texas El Paso students save more than $215,000 this fall through Rent-A-Text!
Five gifts that tell people you hate them

BY MATTHEW MUNDEN
The Prospector

Holiday season is upon us and while most gift guides tell shoppers what to give, very few advise those gift-givers who love to hate. Here are five gifts to tell that special someone that you hate them to the core. Of course, these are gift ideas for people with unlimited money, so if you are poor (like me), just don’t give the people you hate anything — they will get the same idea.

1. Microsoft Zune
Do I really need to write more than just the name of the product? Does anyone really want a Zune? This is like the MP3 player purchased for someone because it is cheap on Black Friday and it looks sort of like an iPod.

2. "Antichrist" (available on DVD and Blu Ray)
So you want to give someone the most awkward and uncomfortable experience of their entire life? Well, buy them director Lars Von Trier’s latest film, “Antichrist,” which famously shocked the audience at the Cannes film festival at its May 2009 premiere. The plot follows a couple whose child falls out of a window to his death while they are having “fun” in their bed. The grieving couple goes off to the woods to a cabin called “Eden,” where some messed up stuff happens, like a fox eating himself, turning into William Dafoe (who plays the character known only as “Mant”), and saying, “Chaos reigns.” The viewer of this movie will not be able to speak for days.

3. "Medal of Honor" (available on Xbox 360 and Playstation 3)
Do you like to give untested and broken things to people you hate? Give them this. An ant farm and currently has a game-ending glitch that does not even let players save their progress. Nothing says you hate someone more than allowing them to waste five hours on a game to find out they cannot load their file anymore. Matthew Munden may be reached at prospector@utep.edu.

4. "The Last Airbender" (available on DVD and Blu Ray)
I gave this movie one pick when I reviewed it during the summer. I wish I could take that back and give it none. Some movies are bad, but fun to watch (like the cult classic, “The Room”), but some movies are like horrible infections like the one that melted that guy’s face off when he opened the Ark of the Covenant. “The Last Airbender” is a film of the face-melting kind.

5. "Fallout: New Vegas" (available on Xbox 360 and Playstation 3)
Do you like to give untested and broken things to people you hate? Give them this. "New Vegas" is filled with more bugs than an ant farm and currently has a game-ending glitch that does not even let players save their progress. Nothing says you hate someone more than allowing them to waste five hours on a game to find out they cannot load their file anymore.

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Call (915)845-0046 for dates. Prices subject to change on various dates.
Phi Delta Theta runs for Lou Gehrig’s disease

BY JACKIE DEVINE

The Prospector

The Phi Delta Theta fraternity chapter at UTEP will hold its first annual Iron Turkey Run Thanksgiving morning to raise awareness for Lou Gehrig’s disease.

The race, which is hosted by The Greenery Restaurant and Market, will consist of a 5K run, a 1-mile fun run/walk and feature special turkey Olympics.

“We’re doing this because it’s our national philanthropy cause,” said Ricky Galindo, vice president of Phi Delta Theta and junior biological sciences major. “Lou Gehrig was a member of Phi Delta Theta at Columbia University.”

The fraternity will honor his battle with the disease and raise the work he did on and off the field, as well as those fighting the disease here in El Paso. Lou Gehrig was a hall-of-fame baseball player with the New York Yankees. He was later diagnosed with amyotrophic lateral sclerosis (ALS), which is more commonly known now as Lou Gehrig’s disease.

It is a fatal, neurodegenerative disorder caused by the degeneration of motor neurons, the nerve cells in the central nervous system that controls voluntary muscle movement.

“I know how devastating it is. “I lost a good friend at The Greenery. “I have a personal connection with this. I lost a good friend at a young age to the disease. I know how difficult it must be to see DISEASE on page 14

Recently, the Phi Delta Theta International Fraternity created an organization called “Iron Phi,” which will strengthen the partnership between Phi Delta Theta and the ALS Association. The event will be held on Thanksgiving because it is a perfect time to help those in need and to be thankful for everything,” Galindo said.

People take a lot of things for granted, especially their physical well-being,” Galindo said. “We live in a border city where a lot of people have this condition. It’s important for the community to get involved!”

According to Phi Delta Theta, raising awareness of Lou Gehrig’s disease is especially important because many people still don’t know about it or that work can be done for a cure.

“I’m excited because this is the first time a race is being chip timed here in El Paso,” Holder said. “This is the first event we’re doing like this that’s a positive way to raise money for this disease.”

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“Every little bit helps. Helping in a small way can be significant,” Heins said.

Other activities will be included in the race like the turkey Olympics, which is a four-man relay race where each leg is 200 meters and the participants will have to carry a frozen turkey as a baton.

Another event is the turkey run which is a half-mile race made up of four team members. All members must be in El Paso, “Holder said. “This is the first event we’re doing like this that’s a positive way to raise money for this disease.”

Phi Delta Theta encourages the El Paso and UTEP community to come out and run for the cause. Fraternity members said even if you don’t think you’re fit you can always participate in the 1 mile fun run/walk.

“It’s a cruel disease because people are still mentally coherent and they slowly lose control of motor functions, leading them to use wheelchairs at times,” said Jered Holder, community service and philanthropy chairman of Phi Delta Theta and junior kinesiology major. Lou Gehrig’s disease symptoms include the loss of strength in arms and legs, feet and ankles may become weak, and swallowing, speaking and breathing may become difficult. Eventually the disorder weakens muscles, paralyzing patients.

“The main reason we’re running for this cause besides being our philanthropy, we want to give thanks to those who can’t. If I was affected by this I would want to feel that someone is there for me supporting me,” Holder said.

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Quick Vegan Thanksgiving

### Three Ingredient Cranberry Sauce
1 1/2 cups fresh cranberries
3 tablespoons olive oil
Salt

**Ingredients:**
- 1 1/2 cups fresh cranberries
- 3 tablespoons olive oil
- Salt

**Preparation:**
1. Wash cranberries and place in a pot with water and bring to a boil. Reduce heat and simmer for about 15 minutes.
2. Remove cranberries from the pot and press with a potato masher or a strong fork. Rinse with cold water.
3. Transfer to a bowl and place in the freezer. Stir every few minutes to get it to cool faster.

**Tip:**
Transfer to a bowl and place in the freezer. Stir every few minutes to get it to cool faster.

### Fluffy Mashed Potatoes
3 pounds Yukon gold potatoes
1 cup unsweetened almond milk at room temp
1/4 cup soy sauce
3/4 cup water
1/2 cup vegetable broth or water
3/4 teaspoon salt
1 1/2 cups vital wheat gluten
1/4 cup extra virgin olive oil
1 teaspoon paprika
1 teaspoon dried thyme
1 teaspoon paprika
1/2 teaspoon dried sage
Olive oil for pan frying

**Ingredients:**
- 3 potatoes
- 1 cup unsweetened almond milk
- 1/4 cup soy sauce
- 3/4 cup water
- 1/2 cup vegetable broth or water
- 3/4 teaspoon salt
- 1 1/2 cups vital wheat gluten
- 1/4 cup extra virgin olive oil
- 1 teaspoon paprika
- 1 teaspoon dried thyme

**Preparation:**
1. Cut potatoes into about 1 1/2 inch chunks. Place in a pot and cover with cold water. Stir, then place the pot in the oven for about 10 minutes on each side. Broccoli should be broken down and saucy.
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### Roasted Broccoli
1 1/2 pounds broccoli
3 tablespoons olive oil
Salt

**Ingredients:**
- 1 1/2 pounds broccoli
- 3 tablespoons olive oil
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**Preparation:**
1. Peel the broccoli stalks and chop into 3/4 inch pieces. Cut potatoes into about 1 1/2 inch chunks. Place in a pot and cover with cold water. Stir, then place the pot in the oven for about 10 minutes on each side. Broccoli should be broken down and saucy.
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### Doublebatch Chickpea Cutlets
1/2 cup chickpeas, drained and rinsed
1 cup plain breadcrumbs
1/2 cup vegetable broth or water
1/4 cup soy sauce

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Miners remain undefeated in Legends Classic

BY DAVID ACOSTA
The Prospector

The Miners were able to get their first 100-range, going 4-for-4. He has now surpassed Antoine Gillespie for third place on UTEP’s all-time scoring list with 1,725 points.

Stone and senior forward Jeremy Williams scored 11 points each and senior guard Christian Polk added 10 points, while senior center Claude Britten had nine points coming off the bench.

Stone, who has seemingly been everywhere this season, pulled down rebounds, created turnovers and dished assists, adding two blocks, three steals, six assists and five rebounds in 26 minutes of play. Stone has now scored in double digits in three straight games, tying a personal best.

“Floyd came to me at the beginning of the season and told me I need to be more aggressive for this team,” Stone said. “We have a bunch of scorers, a bunch of players that can do different things but he told me he needs me to be the aggressor, get to the line and do the extra-things.”

UTEP held the Catamounts to just 28.6 percent shooting in the second half, 33.3 percent overall. Senior guard Mike Williams, who had 18 points, led Western Carolina. UTEP also guarded the perimeter much better, especially in the second half, where the Catamounts scored only five times from beyond 10 feet, four of those coming from beyond the three-point arc.

In accordance with the Floyd Rules, the Miners made more free throws than Western Carolina attempted.

UTEP was 25 for 34 from the free-throw line, while the Catamounts were 13 for 17. All 17 of Western Carolina’s free throw attempts, however, came in the second half.

“We lose our concentration late in games and still foul too much late,” Floyd said. “But we’re doing a good job of getting the ball where we need to get it offensively to go get fouled. We’re doing a better job of talking about playing without our hands on the defensive end and keeping the other teams off the line.”

The Miners used good ball movement to get the ball into the paint, outscoring the Catamounts 48-18 from the inside. Overall UTEP shot well in both halves of the game, improving on a 46.2 percent first half to shoot 62.2 percent in the second.

“We’re working on executing and not just taking the first shot available because we know we can get that shot whenever we want,” senior guard Christian Polk said. “We’ve been moving the ball and really buying in to what coach has been talking about and that’s causing us to take better shots and to score a lot more points.”

File Photo

BOB CORRAL / The Prospector

Senior guard Randy Culpepper attempts a dunk Nov. 20 against Western Carolina at the Haskins Center.

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The Miners looked to solidify a bowl berth with a win against Tulsa, but they came up short, losing to the Golden Hurricane 31-28 with a win against Tulsa, but they came up short, losing to the Golden Hurricane 31-28.

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File Photo

BOB CORRAL / The Prospector

Senior guard Randy Culpepper attempts a dunk Nov. 20 against Western Carolina at the Haskins Center.
Basketball

Caldwell’s hot hand boosts Miners past Braves

By Herman Rojas
The Prospector

Even with a less than ideal start for the UTEP women’s basketball team, they were able to find a winning formula and come up with a tough win.

The Miners overcame a sluggish and sloppy start against an undermanned, but feisty team to pull away late as they picked up their third victory of the season with an 85-72 victory over Alcorn State Nov. 22 at the Don Haskins Center.

“Well, I was not very happy with our first half,” head coach Keitha Adams said. “I didn’t feel that we were playing hard, I thought that Alcorn (State) played extremely hard from start to finish. They came in here and were a scrappy bunch.”

Guard Dietra Caldwell led the shooting attack for the Miners, finishing with 25 points, six assists and six rebounds on 7-of-9 shooting. Forwards Kayla Thornton and Gloria Brown provided the spark off the bench with 17 and 13 points, respectively. Thornton also added a game-high of 11 rebounds. The trio missed just five shots of the 24 attempted on the evening.

For the Braves (0-3), guard Carolin西亚 Crumbly finished with a team-high 25 points while Tiffany Stewart added 15 points on 7-of-8 shooting. Guard Kaia Ruffin also added 15 points, but was plagued from the floor constantly, making just 3-of-19 shots on the night. UTEP (3-1) opened the game looking to take advantage of their home-court advantage and overall depth and looked to be utilizing both early in the game. A free throw followed by a 3-point play by Caldwell capped off a 4-point possession and gave the Miners an 11-4 lead four minutes in.

But the Alcorn State reserves helped keep the game from getting out of reach early on. Despite dressing just 10 players, the Braves got help from their bench.

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Crumbly and Stewart generated most of the offense in the half and helped erase an early deficit with a 9-4 run to close the UTEP lead to 17-15 with 11 minutes remaining.

Also plaguing the Miners was their inability to take care of the basketball, turning the ball over 10 times in the opening half, which led to 11 points for the Braves. The lack of ball control negated much of the sharp shooting UTEP had early on and allowed Alcorn State to keep the contest close.

The Braves managed to take a 30-28 lead with five minutes remaining in the half after Crumbly and Stewart engineered a 10-4 run. UTEP kept the game close as Brown and Brana Green closed the half strong, but went into the break trailing Alcorn State 38-37.

“I just told our team at halftime that we didn’t play hard and need to take pride in wearing that UTEP uniform, and that this program is based on playing hard,” Adams said. “It wasn’t going to be good for them if we didn’t come out and play hard the next 20 minutes.”

In the second half, the Miners went back to prioritizing scoring in the paint in order to set up the outside shot, a strategy that was successful early in the first half.

“She just basically told us that we need to come out and play the way that she teaches at practice and if we didn’t there were going to be consequences,” Caldwell said.

Thornton scored seven points in the first five minutes while Caldwell heated up from beyond the arc to fuel a 20-8 run for the Miners to give them a 57-46 advantage with 12:32 remaining. From there, UTEP maintained a comfortable cushion the rest of the way.

“I just went out there to help my team get a ‘W’ and just work hard in whatever coach Adams tells me to do out there,” Thornton said. “I went out there and tried to do it 100 percent.”

Brown also pitched in from the bench on both ends of the floor, hitting high-percentage shots while becoming a paint presence coming up with five blocks.

Paint presence made the difference in the second half, with UTEP outscoring Alcorn State 22-8 from close range. While the Miners were able to stick with what worked through the half, the Braves were stifled and were limited to 37 percent shooting overall compared to UTEP’s 55.

Up next for the Miners will be Idaho State in the UTEP Thanksgiving Classic, which takes place Nov. 26-27 at the Haskins Center. The first game is set for 4:35 p.m.

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Basketball

Delay Of Game, McCulley returns from redshirt season

BY DAVID ACOSTA
The Prospector

Last season, forward Gabriel McCulley was forced to sit and watch from the sidelines as the rest of his teammates enjoyed the season they had all dreamed of. McCulley hoped to have the breakout junior season that his fellow Miners, guard Randy Culpepper and forward Arnette Moultrie, were about to have. Instead he cheered on his teammates and childhood friends, from the sidelines, watching them go 15-1 in Conference USA and earn a bid to the NCAA Tournament.

"It was real tough," McCulley said. "I wanted to be out there helping them, playing along with them, but this year I can say I’ll be able to play with them."

During his freshman and sophomore years McCulley came off the bench as a versatile swingman, whose size allowed him to play down low or step into the 3-guard position on the wing. McCulley played in 66 out of 70 games during his first two seasons as a Miner. While his career averages may not show it (3.8 ppg, 2.9 rebounds), his numbers improved between his freshman and sophomore years.

McCulley worked hard on his outside shot and improved his overall shooting percentage to 42.4 percent from the field and 36.2 percent from 3-point range. As a sophomore he also scored double digits four times. Everything seemed aligned for McCulley and the Miners to have a breakout season in 2009-10. With a young but experienced backcourt in place, power forward Derrick Caracelli set to join the team for the conference run and with McCulley coming off the bench for former head coach Tony Barbier, expectations ran high in Miner Nation.

Then during their first exhibition game against New Mexico Highlands McCulley broke his left wrist on a dunk attempt. After sitting out the first four regular season games, McCulley attempted to come back from the injury, but said it was simply too tender and too painful to be touched, making it hard to defend.

"I’ve known Gabriel since back in the day," Culpepper said. "We played against each other (in Memphis) in summer leagues, then as we got older (we) joined teams together, so we’ve been playing together for at least six years."

It was tough, Culpepper said, to watch his friend have to sit out the remainder of the season while he helped lead the team to a regular season conference championship.

"It’s good to have him back," Culpepper said. "He’s a good addition to this year’s team. I remember last year when we were doing all our winning he was down and sad because he wasn’t out there with us and I felt his pain. Now that he’s with us I know he can help us a lot."

This year, McCulley is confident that he can fit well with new head coach Tim Floyd’s pro-style offense. Since the days of Michael Jordan, the 3-guard and small forward position have been largely interchangeable, leading to today’s superstar hybrids like Lebron James.

McCulley’s versatility is something coach Floyd has expected a lot out of all of us and been our best critic, Culpepper said. "Next year, I’ll have to step up and help us with our game," McCulley said. "I’ve known Gabriel since back in the day, when we were doing all our winning he was down and sad because he wasn’t out there with us and I felt his pain. Now that he’s with us I know he can help us a lot."

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McCulley’s versatility is something coach Floyd would like to exploit, using McCulley’s height and speed to guard the other team’s wingmen, while also being able to slide down to the post on offense and use his athleticism.

So far in the young 2010-11 season, McCulley has started in one of three games and played a total of 63 minutes. He is averaging five points per game, while shooting an even 40 percent from the field. McCulley has also snagged seven rebounds and blocked two shots.

"He adds rebounding, his physical stature, guarding people down low," senior forward Jeremy Williams said. "He’s very strong and assertive at stopping the ‘bigs. We need that this year because of our lack of size. Plus he knocks down the open shots."

Because of his injury last season, McCulley will also get something the rest of his fellow seniors won’t, a second year under Floyd. McCulley was granted an injury redshirt for his junior season, and therefore has another year of eligibility left following this season. He will also be the team’s only returning senior next season and hopes to assume a leadership role.

"Coach Floyd has expected a lot out of all of us and been our best critic, helped us with our game," McCulley said. "Next year, I’ll have to step up to the plate."

David Acosta can be reached at prospector@utep.edu.
Air Force bests UTEP shooters

The UTEP rifle team fell 4,611-4,582 over the weekend at the Cadet Rifle Range in Colorado Springs, Colorado.

The Falcons posted a mark of 2294 in smallbore to the Miners' 2,251, but UTEP bested USAFA 2,331 to 2,317 in air gun.

Air Force's Tom Chandler held the high mark in both guns, shooting 583 and 592 in smallbore and air gun respectively.

Andrea Palafox (591), Alix Moncada (587) and Korina Rodriguez (578) followed Chandler in the air gun and the Falcons' Robert Vasquez fired 576 to round out the top scores. UTEP's Hannah Muegge recorded seventh (555).

Muegge and Moncada each recorded 566 in smallbore to notch the Miners' top guns. Palafox was close behind, shooting 564 and Rodriguez marked 555.

The Miners fall in three to Memphis

The UTEP volleyball team surged to a 7-1 lead in the first set but could not hang on, as Memphis charged back to take the Miners in three sets (25-19, 25-19, 25-20) Nov. 21 at the Elma Roane Fieldhouse in Memphis.

The Miners fall to 12-19 overall and 4-14 in C-USA while Memphis improves to 16-14 and 7-11.

UTEP's net defense highlighted the match, as the Miners posted 10 blocks to Memphis' two. In on the stops was Jeane Horton, who posted a match-best seven rejects. Horton also contributed three of the Miners' 34 kills of the day.

Bridget Logan posted a team-best 12 kills and hit .333 in the contest and Cassandra Burrell chipped in eight kills and hit a .462 clip.

The Miners produce double-digit kills in all three sets and hit a respectable .241 and .344 in the first and third sets, respectively, with their weakest performance coming in the second frame when they hit .133.

The Tigers came out swinging in the first stanza, blasting to a .433 hitting efficiency with 16 kills in 30 attempts with just three errors. The Miners were able to hold Memphis under .200 in the second and third frames but the Tigers still clawed their way to a victory.

The Miners return to the friendly confines of Memorial Gym for its final home match of the 2010 campaign when they take on UCF at 7 p.m. Nov. 24 in Memorial Gym. Tickets are $7 for adults and $3 for children (ages 12 and younger). Seniors Jennifer Nolasco and Kyla Muela are to be honored.

Kimaiyo tabbed USTF-CCA Athlete of the Year

Sophomore Risper Kimaiyo has been tabbed the 2010 Mountain Region Athlete of the Year by the U.S. Track and Field and Cross Country Coaches Association the organization announced Nov. 17.

"This honor for Risper highlights our women's program with success," said head coach Paul Ereng. "Risper has represented our athletic department and university positively. I'm very happy and excited for her as she heads to the national meet."

Kimaiyo became the first woman in school history to win a cross-country regional title. The Kenya native did so by setting a new course record in the 2010 NCAA Mountain Region Championships with a time of 20:02. Kimaiyo was able to hold Memphis under .200 in the second and third frames but the Tigers still clawed their way to a victory.

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Miners look ahead to 200th meeting with Aggies

BY DAVID ACOSTA
The Prospector

The UTEP Miner basketball team is set to take on I-10 rival New Mexico State at 7:05 p.m. Nov. 23 at the Don Haskins Center.

The game marks Tim Floyd’s first attempt at a win against the Aggies as head coach. However, given his history as an assistant to former UTEP head coach Don Haskins, it is not his first taste of the rivalry.

“I don’t have any frame of reference other than 24 years ago,” Floyd said. “But it was one of the great, great rivalries in all of college basketball. You’d have 12,000 fans at our place and 14,000 at their place, rabid student sections…it was a game that meant something to a lot of people.”

The Aggies are the defending Western Athletic Conference tournament champions and are picked to finish second in the conference this season by WAC media and coaches polls.

While the Aggies lost two All-WAC selections from a year ago in guards Jonathan Gibson and Jahmar Young, NMSU returns a strong core of players this year. Junior forward Troy Gillenwater, senior forward Wendell McKines and junior center Hamidu Rahman all finished last season with double-digit scoring averages. The Aggies also return senior guard Gordo Castillo, an excellent three-point shooter, and junior point guard Hernst Laroche, who has started in every game since his freshman season. Both Gillenwater and McKines are pre-season first team All-WAC selections.

“We’re really excited, they’ve got some good players,” senior guard Christian Polk said. “It’s not going to be an easy game at all, they are a really good team and we’re going to be ready to go.”

In 2009-10, the Aggies were first in the WAC and 14th in the nation in three-point field goals per game. They also ranked 21st in scoring offense, averaging 78.3 points per game.

Head coach Marlon Menzies is now entering his fourth year with NMSU. He has posted a winning record in his first three seasons at the helm for NMSU, with a 60-41 record overall.

The Aggies suffered their second straight loss, falling to 2-2 on the season Nov. 20 against the University of Massachusetts in the opening round of the Naismith Memorial Hall of Fame Tip-Off tournament. The team’s previous loss came two days prior at Arizona.

“The fact that they were in the tournament a year ago and have a lot of those guys back presents a real challenge for us.”

With only two days to prepare, Floyd said, he hopes the team can continue to progress and get better. He expects the team to see a lot of zone defense for the first time this season, an added challenge to a UTEP team that is still trying to find itself offensively.

“I’m really excited about the rivalry, it’s going to be a great experience for me,” freshman guard Michael Perez said.

“I’m looking forward to seeing what their crowd is like and getting the intensity of the UTEP-NMSU rivalry.”

David Acosta may be reached at prospector@utep.edu.

BOB CORRAL / The Prospector

Senior guard Christian Polk dribbles down the court Nov. 12 against Pacific.

Basketball

By David Acosta
The Prospector

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UTEPEHOME GAMES REVISITED

They work diligently to bring these brands to El Paso, which are the same brands that are offered at the boutiques that the Kardashians own.

Owner Gloria Carrasco says that Homework has been successful because of the original styles offered at the boutique, which are the ones celebs are wearing. Enrique Saenz proudly says that Homework voted as Best Men’s and Best Women’s Apparel in What’s Up’s 2010 Best of the Best readership survey.

The owners plan to open new locations in the El Paso area. They are also considering opening in other big cities such as Los Angeles and San Francisco.

The owners invite students to do their Homework and come visit the store and experience their extraordinary customer service and amazing apparel.

Homework, the first and only street wear store in El Paso, is the ideal place to find that perfect, one-of-a-kind holiday gift. You can also visit the store online at homework.com.

The difference between Homework and other boutiques in El Paso is the exclusivity of their brands. The clothing lines they carry are not mass-produced, and when they order a specific item, it is custom to order. Homework also offers new apparel every two weeks for men and women.

The unique brands at Homework include Strenesse, Custo Barcelona, Kill City and J Brand, among others. They have accessories from Brera Torrino and watches from JC de Castelbajac. The owners are also planning to offer C’star, which is worn by Justin Bieber and Usher, and SS DNL, which is designed by the son of the founder of Diesel.

The owners fly every three months to attend a market convention in Los Angeles, which highlights all the ultimate hi-fashion brands.